

Wellness Expo *in Addison*

Oct. 15-16, 11am-6pm • Addison Conference Centre • 15650 Addison Rd • Addison, TX

Program Guide



Door Prizes

**1. \$25 Gift Certificate
2. Free Crystal Class**

Pat, Tray or Fall817-261-6300
Power of the Rainbow

Sterling wire wrapped gemstone

Marcy Sosbee.....972-971-9409
Sosbeads

Exam + 4 Chiropractic sessions (\$290. value)

Dr. Wilmayra Ramirez, DC
.....972-788-2144
Whole Being Studio

Free Full Body Composition Analysis (\$45 value)

Graciela Sanchez214-943-4663
Graciela's Nutrition

1 month of orchard, garden & vineyard blend juice capsules

Margaret Hines, RN ANP-C
.....940-365-1770
Springhill Medical & Aesthetics

Reiki Box

Amy Lewis214-763-5971
Maypole Connections

Starter kit + Dr. Brownstein's book + two 1 oz bottles & two sample bottles of Iodine.

Judith Eller.....817-846-6092
Magnascent Iodine

\$50 Gift Certificate toward purchase.

Anna Lessard214-725-4648
Scentsy Wickless Candles

10 bottle sampler pack

John Schulkins/Mark Schacherer
.....214-793-6007/214-226-7726
Terra Biotech

One bottle of Calcium Complex (12 winners)

Felicia Halim972-492-5995
Eco Wellness

Quick Start Program

Eddie Weber or Ernie Luna
.....214-477-7600/847-372-0694
Herbalife Ind. Distributors

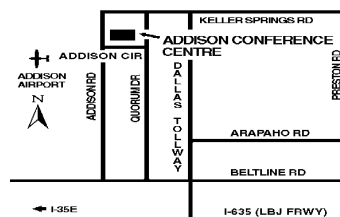
972-378-3770

More details and discount tickets online at WellnessExpo.net

PRODUCED BY:

Holistic Networker

ONSITE CATERING BY:



DIRECTIONS

Addison Conference Centre

- I-635 to the North Dallas Tollway
- go North, exit Beltline Rd
- go West 2 blocks to Addison Rd,
- go 3 blocks north to Addison Circle
- go right on Addison Circle
- on left side of the street
- next to the Addison water tower, 15650 Addison Road

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SATURDAY, OCTOBER 15: Lectures & Demonstrations

11:30 AM

Opening Ceremony: Healing with Sound

Nancy Byers
972-424-1217

Nancy will demonstrate the Language of Light, which is a vibrational healing technique. After experiencing the Language of Light, many report feeling more empowered, having a sense of remembering the essence of who they really are, and experiencing a sense of physical well-being. Over the last 20 years, Nancy has developed an ability to express this language. She has helped hundreds of people all over the world with her gift.

12:00 PM

Spiritual Connections

Gary Champion
214-636-7546

Gary will demonstrate actual gallery style readings. He will connect with those who have passed and bring messages you will want to hear. Although not everyone will be read, all can gain from the experience. Gary has received messages since the age of 6. As a professional psychic medium, he passes along what he hears in the hopes of helping someone. He is clairvoyant, clairaudient, clairsentient, clairrempathetic, as well as an animal communicator. See www.garychampion.com

12:30 PM

The Life Saving Wisdom of Ancient Ayurveda

Elaine Dodson
1-888-362-6827

Ayurveda is the oldest health maintenance system ever documented. It encompasses the whole person and teaches us that food is sacred and that food and spices are your medicine. Elaine Dodson is an author, seminar leader and internationally acclaimed expert in natural/organic beauty, wellness and regeneration, who founded Kalachandjis Restaurant in East Dallas. She teaches Vegetarian Cooking Classes and leads Spiritual journeys for women. www.elainedodson.net or elainedodson@sacredjourneyretreats.com

1:00 PM

Stress Reduction & Emotional Healing

Dr. Anne M. Jensen, DC
214-500-0584

Dr. Jensen will discuss how to manage daily stress and achieve a deeper level of wellness. She will also demonstrate an emotional healing technique, which has been shown to be effective at reducing stress. Dr. Jensen is a clinical researcher and a published author on emotional healing and stress reduction. After practicing in Australia as a chiropractor and noticing the impact that stress has on the body and mind, she pursued additional qualifications in psychology, and now the focus of her practice is mind/body wellness.

1:30 PM

Comprehensive Cancer Care

Dr. Constantine A. Kotsanis, MD
m817-481-6342

Insulin Potentiation Therapy-Low Dose (IPTLD) for the treatment of all forms of cancer has been used for over 70 years as a gentle form of chemotherapy. It uses insulin as a way of targeting the cancer cells while leaving healthy cells alone. Then by using 10% to 25% of the conventional dose of drugs, cancer cells die with few or no significant side effects. Constantine A. Kotsanis, MD has practiced in the DFW Metroplex since 1983. Originally trained and board certified as an otolaryngologist, head and neck surgeon, he has practiced complementary and integrative medicine since the 1990's. With credentials in nutrition he has also been trained in medical acupuncture, homeopathy and botanical medicine.

2:00 PM

Our Hidden Talent

CeAnn
972-221-8080

Most of us are unaware of our innate ability to Channel. From birth this capacity shows up in many ways, though if not nurtured it goes undercover to our mundane psyche until incidents & experiences bring it once again to the surface. Find out about your ability and use your potential! Offering trance sessions extensively since 1986, "the channel formerly known as Seán Michael", hails from a heritage of psychics, travels through the U.S. and internationally, offering Visionary Guidance. CeAnn inspires Loving Allowance, Self Motivation, Intuitive Growth and the awakening of unlimited human potential. www.visionaryguidance.com or www.messagesofjoy.com

2:30 PM

What's on Your Mind?

Dr. Gary Berman, PhD, NMD, DC
972-404-8650

Has something been troubling you lately? Please join renowned psychic and medical intuitive Dr. Gary Berman for your opportunity to ask questions and get the truth about what's really going on in your life in an open group setting. Dr. Gary Berman, PhD, NMD, DC is the founder of the InnerRx Institute in Dallas, a chiropractic, wellness and education center dedicated to the teaching and practice of achieving wellness on all levels. Dr. Berman's formal training as a physicist and research engineer has helped develop a unique and highly effective approach to wellness.

3:00 PM

The Naked Truth About Skin

Sharon Krahn, Traditional
Naturopath
214-352-7546

Your skin is a window to your inner health, therefore, what you put on your body is just as important as what you put in your body. Learn how diet, lifestyle, nutritional supplements, and skin care products all play a role in healthy, radiant skin- inside and out. Sharon Krahn is a 2005 graduate of Clayton College of Natural Health and has practiced in Dallas for 6 years. She has recently produced her own professional line of skin care products.

3:30 PM

Crossroads: Messages from Spirit

David Scott, Intuitive Medium
817-637-4213

Join David for an open forum where he will answer questions and give a demonstration of mediumship by making connections with audience members. David's abilities continue to grow and strengthen and he has made a commitment to his work. David is also alumni of the Arthur Findlay College in the UK- the world's foremost college for Spiritualism and the Psychic Sciences. David is currently pursuing a degree at the American Institute of Holistic Theology.

4:00 PM

Color & Light Therapy

Donna Reis, Certified
Chromatologist, CNHP
817-788-9451

Donna will discuss the history of Color and Light therapy, as well as how to heal emotional issues within your bodies through Color and Light therapy without spending thousands of dollars. Donna is a Certified Chromatologist, CNHP, Certified Ionic Researcher, and Certified in Emotional Release with Color Therapy.

4:30 PM

How to Connect with Your Guides

Carole Layman, LMSW, CHT
817-455-6642

In this presentation, Carole will discuss how you can stop guessing and visit the Spirit World for definitive answers regarding your current life as well as your Soul Life. Carole is a Licensed Masters Level Social Worker, who is also Certified as a Hypnotherapist. She offers Past Life Regressions, Life-Between Lives Therapy and help with connecting with your guides.

5:00 PM

Intuitive Gallery

Cheryl McMillan & Sandra Larson
469-767-2727/972-955-2756

Cheryl & Sandra will offer an intuitive gallery. Guided by spirit, they will share channelled messages for audience members. Cheryl is a Clairvoyant in private practice and owner of the Dallas Psychic Fair, which is held monthly in Dallas. Visit: www.dallaspsychicfair.com for details. Sandra Larson is an animal communicator, as well as an Intuitive Coach, who facilitates group/individual soul and past life journeys. Visit: www.sandralarson.com for more information.



SUNDAY, OCTOBER 16: Lectures & Demonstrations

11:30 AM

Astrology & You

Cynthia Novak
817-261-2984

Join Cynthia as she shares her insights on how planetary alignments can affect your life. Cynthia Novak combines over twenty years of astrological and spiritual study to bring you practical, heart-centered information. Visit: www.cynthianovak.com

12:00 PM

Views from the Other Side

John Cappello
888-440-7130

Join John Cappello...Visionary...as he presents views from the other side. This is a special time when amazing information comes to us from the Spirit World. John is a Visionary, who offers classes, Galleries, parties, Meetups and private readings. Visit www.JohnCappello.com

12:30 PM

Releasing the Power Within through Self Muscle Testing

Dr. John D'Amanda, BA, DC, ND
972-97Heart (972-974-3278)

Dr. D'Amanda will teach how to access the power within by self muscle testing. He will also discuss H.E.A.R.T. (Holistic Energy Activation & Realignment Therapy), which is a powerful integration of several ancient healing modalities. Dr. D'Amanda is a licensed Chiropractor and board certified Naturopathic Physician. He is a co-creator of H.E.A.R.T. and the president of H.E.A.R.T. Mission, Inc. Dr. D'Amanda has practiced in Aubrey, TX since 1999 and is the CEO of Country Chiropractic & Wellness Center, PA.

1:00 PM

Secrets Behind Successful Allergy Elimination

Dr. Lewis Cone, DC
972-880-8541

This talk will focus on how toxins and food allergies are usually behind the air allergies and how to identify and get over food allergies. Dr. Cone is a Chiropractor and Nutritionist. His practice primarily focuses on nutrition, ranging from colds to autoimmune disease.

1:30 PM

The Original Cause of Disease

Dr. Jennifer Laing, MD
903-821-4001

Dr. Laing will discuss how disease originates and what you can do to heal. Dr. Jennifer Laing, MD, Board Certified Family Physician, Usui & Karuna Reiki Master, integrates complementary medicine on a daily basis into her practice. Visit www.schoolofmysticalawakening.com

2:00 PM

5 Healing Stones

Pat Cook
817-261-6300

Pat Cook is one of the trio of Power of the Rainbow in Arlington, TX. She is also a massage therapist and a certified crystal healer through the Crystal Academy of Advanced Healing Arts founded by Katrina Raphael and Jewels of the Lotus. She and Tray have vended at the Wellness Expo for 11 years.

2:30 PM

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972-404-8650

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3:00 PM

HCG: Your Key to Weight Loss

Dr. Tony Cecala, Ph.D.
972-378-1211

You've seen and heard about HCG on Dr. Oz and in the news. Come hear how HCG really works to release fat from the body and learn about the hidden benefits of weight loss. Tony is the co-publisher of the Holistic Networker and co-producer of the Wellness Expo. He is also the co-author of "The HCG Guidebook" and sells the HCG homeopathic drops at ShiftingFrequencies.com

3:30 PM

Creating a Mental Equivalent for Health

Alva Baltimore
972-866-9988/alva@cslDallas.org

In this talk, Alva will discuss how our thoughts, imagination and vibration are the keys to creating the health we want to experience. Alva is a Licensed Religious Science Practitioner at the Center for Spiritual Living Dallas, where she also manages Insight Bookstore. In addition, Alva is an accredited speaker for "The Work" by Byron Katie.

4:00 PM

Listening to the Genius!

LaRue Eppler
972-733-3206

We all have direct access to the ultimate expert and it doesn't cost a dime. Learn how to tune into the best kept secret, your own Inner Genius. LaRue Eppler is the developer of Evolutionary Kinesiology, an international course leader and speaker, popular radio guest, transformational facilitator and co-author of "YOUR ESSENTIAL WHISPER: Six Distinct Ways to Recognize, Trust, and Follow Inner Guidance with Absolute Certainty!"

4:30 PM

Angel Messages

Dr. Tammy Ledbetter, Ph.D.
972-874-3939

In this workshop, learn how to release blocks, receive messages, and manifest the divine guidance from your Angels through enlightening demonstrations and exercises. Dr. Tammy Ledbetter, PhD, who is certified in Angel Therapy® by Doreen Virtue, uses her gift as an Angel intuitive along with her formal training in transformational leadership to guide clients through major and minor life challenges.

5 PM TO 7 PM

2012 - Being the Messenger*

CeAnn
972-221-8080

Whether one refers to Trance Channeling as spirit, energy, information, the multi-dimensional aspects of ones' consciousness, shamanism, or energetic healing, the bottom line is Truth. Come Explore yourself, Awaken your mind and Expand your heart during an exchange of channeled information with multiple frequencies regarding this timely subject. Offering trance sessions extensively since 1986, "the channel formerly known as Seán Michael", hails from a heritage of psychics, travels through the States and Internationally, offering Visionary Guidance. CeAnn inspires Loving Allowance, Self Motivation, Intuitive Growth and the awakening of unlimited human potential. www.visionaryguidance.com or www.messagesofjoy.com

* Additional charge for this workshop. Call 972-221-8080 for details.

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Partial Exhibitor List (as of early September)

- AFLAC**
Shakia Anderson 214-736-9367
Supplemental Insurance
- Ameqa Global**
Connie Williams 972-979-4680
Zero Point Energy Self Healing.
www.amegabuilders/energyflowing
- Andrea Zeal for Life**
Andrea Teymor 817-500-2025
Zeal for Life Nutritional Supplement.
www.FeelZeal.com
- Angel Messages**
Dr. Tammy Ledbetter, Ph.D. 972-874-3939
Angel collectibles & keepsakes, Angel Readings
- ASEA**
Alan Noble 972-519-5437
Redox signaling molecules in a bottle
- Beth Carpenter, ND**
Angels, Psychic, Tarot, Past Lives, Med. Intuitive
..... 512-707-9886
- Biomat Company**
Dove 719-250-1292
Visit: www.dove.thebiomatcompany.com
- Blue Moon Expo**
Joye King 214-734-5844
Monthly Psychic Fairs. Visit:
www.BlueMoonExpo.com
- Brain Balance Achievement Center Plano**
Megan Miller 972-248-9482
help children with neurobehavioral disorders
- Calming States Massage Therapy**
Paul M. Kennedy, LMT 214-417-3732
Chair Massage Services
- Carolyn P. Little**
Carolyn P. Little 469-867-0676
Psychic Clairvoyant, Medium, Inner Child Counselor
- Color Vision**
Donna Reis 817-788-9451
Aura Photos- Color Therapy Products- Wellness equip.
- Dallas Psychic Fair**
Cheryl McMillan 469-767-2727
Dallas' Oldest & Largest Psychic Fair.
www.dallaspsychicfair.com
- David Scott- Intuitive Medium**
David Scott 817-637-4213
Psychic Medium/ Intuitive/ Healer/ Spiritual Teacher
- Dorey Aromatherapy**
Mary Ellen Dorey 972-567-3962
Pure aromatherapy formulas & reflexology for wellness health.
- DoTerra Health**
Margaret Edland 214-695-7560
Essential Oils, Nutritional Supplements, Personal Care
- Drum Fun**
Tina Alvarez 972-480-5944
"Beat That Stress"
- Eckankar of Dallas**
Austin Audu 214-929-3872
Religion of the Light and Sound of God
- Eco Wellness**
Felicia Halim 972-492-5995
Stronger bone without toxic excipients!
- Energy Dynamics**
Cynthia Shaw 972-991-2097
MultiDimensional Healing. www.CynthiaRShaw.com
- Eniva Corporation**
Quang Nuyen 972-898-8415
Use It..Feel It...Share It...
- FitEmily.com**
Emily Payne 903-640-3903
Zeal for Life, 30 day money back guarantee.
www.FeelZeal.com
- FitFreeChallenge.com**
Alan Walters 972-399-ZEAL
Zeal for Life in Men's Health Magazine 11/11 issue
- Gary Champion, Psychic Medium**
Gary Champion 214-636-7546
Psychic Medium. Visit: www.garychampion.com
- Graciela's Nutrition**
Graciela Sanchez 214-943-4663
Full body composition analysis by RD.
- H.E.A.R.T. Mission**
Dr. John D'Amanda, DC, ND
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Healing the World one heart at a time.
- HCG Homeopathic Drops**
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Offering HCG homeopathic drops for weight loss.
- Healing and Nutritional Diversity**
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Helping families find nutritional happiness.
- Healing with Sound**
Nancy Byers 972-424-1217
The Language of Light-A vibrational healing technique.
- Herbalife Ind. Distributors**
Eddie Weber or Ernie Luna
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Sports Nutrition, Weight Management, Digestive Health
- Holistic Networker**
www.HolisticNetworker.com 972-403-0940
Free guide to wellness & personal growth
- Holographic Sound Healing**
Paul Hubbert, PhD 512-891-7887
Crystal Bowls, CDs, Egyptian Jewelry & Workshops.
HolographicSound.com
- Hooten Family Chiropractic**
Kayla Glover 972-735-9005
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Edna Craven, DC 972-256-0004
People's Chiropractic & Wellness Center
- It Works Body Applicators**
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Intuitive Counseling & mediumship.
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Whole Food Nutrition in a capsule
- K6 Skin Care**
Sharon Krahn 214-352-7546
Professional line, visible results, aloe vera
- Kneading Massage**
Trish Daniel 972-890-2144
Reiki • Deep Tissue • Stretching • Swedish & Chair Massage
- Kotsanis Institute**
Beverly 817-481-6342
Alternative MD specialist for Cancer, Autism
- Laser Touch One**
Veronica Oleson 469-233-6823
FDA cleared OTC- handheld pain relief device.
- Liberty Mutual**
Tatiana Scott 972-867-3499 x 08058
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- Magnascent Iodine**
Judith Eller 817-846-6092
Recapture the energy consumable form. Visit:
magnascent.com
- Maypole Connections**
Amy Lewis 214-763-5971
Hand Analysis, Reiki boxes, life coaching
- Metroplex Dental Care**
..... 972-982-8490
Dental Care at 6 locations in Dallas area
- Miracles of Joy**
Joy Kauf 972-221-8080
Metaphysical Products of All Kinds.
- Monolithic Constructors, Inc.**
Michael Maxon 817-897-5850
Healthy Water
- North Dallas Therapeutic Center**
Pam Stevens 972-458-8300
Craniosacral-Experience this Technique & let your body heal itself.
- Nutritional Healing Center of Dallas**
Lewis Cone, DC 972-880-8541
Treatment for infections, toxins, allergies, deficiencies.
- Pharmanex**
Bette Price 972-404-0787
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- Power of the Rainbow**
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- Prayer Stop Carrollton**
Lori Caplin 214-336-3778
Prayer Stop is a Portable Kiosk Offering Prayer
- Quartz Eagle**
Wayne Lone Eagle Darling 210-867-5680
sacred jewelry, crystals, minerals, pendulums, statues
- Reflexology by Tony**
Tony or Blanche 214-223-9997
Treat your feet for overall Health
- Royal Wellness Center**
Julie Royal, DC 214-324-5800
Holistic Chiropractic, Zerona Lipolaser. Visit:
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- Your Talking Toes**
Jan Daniel 972-422-5964
Toe Reader
- YourFitology.com**
Lisa Brown 972-399-ZEAL
Zeal for Life, Nutritional Supplement, Free Samples
- Zeal for Life Super Food**
Andy Gonzales 972-399-ZEAL
Zeal for Life, Free Samples, www.AndyGonzales.com

Literature Table

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- Energy Dynamics**
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